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66 Moore St, Hackensack NJ 07601

www.fourcornerscs.com

Job Description

Job Title: Physical Therapist Assistant

Reports To: Physical Therapist FLSA: Non- Exempt

Approved By: Executive Director

Position Overview:

We are seeking a dedicated and compassionate **Physical Therapist Assistant (PTA)** to join our team and provide exceptional rehabilitative care to members with physical impairments or functional limitations. The PTA will work **under the supervision of a licensed Physical Therapist (PT)** to implement treatment plans, assist with therapeutic exercises, and monitor member progress to improve mobility, strength, and overall physical function.

Key Responsibilities:

Member Care & Treatment Implementation

- Assist the **Physical Therapist** in implementing individualized treatment plans based on member assessments.
- Guide members through therapeutic exercises, strength training, mobility training, and functional activities.
- Provide **hands-on support** during treatment, ensuring safety and effectiveness of interventions.
- Utilize modalities such as heat/cold therapy, electrical stimulation, ultrasound, and manual therapy techniques as directed by the Physical Therapist.

Member Monitoring & Progress Evaluation

- Observe and document member **responses to treatment**, noting progress, challenges, and any changes in condition.
- Communicate **member progress, concerns, or changes** to the supervising Physical Therapist for necessary adjustments.

• Reinforce proper **body mechanics**, **posture**, **and movement strategies** to optimize member recovery.

Education & Member Support

- Educate members and families on home exercise programs, injury prevention, and self-care techniques to support ongoing recovery.
- Provide emotional encouragement and motivation to members throughout their rehabilitation process.

Collaboration & Communication

- Work closely with Physical Therapists, Occupational Therapists, physicians, and other healthcare professionals to ensure coordinated care.
- Participate in team meetings, progress discussions, and interdisciplinary planning to optimize member outcomes.

Administrative & Compliance Responsibilities

- Maintain accurate and organized clinical documentation, including treatment notes, progress reports, and billing records.
- Ensure compliance with **state and federal regulations**, facility policies, and professional standards of practice.
- Adhere to member confidentiality and HIPAA regulations at all times.

Qualifications & Requirements:

- Associate's Degree in Physical Therapist Assisting from an accredited program.
- Active PTA license in New Jersey as required by state licensing board.
- CPR/BLS certification.
- Clinical experience in out-member, in-member, or rehabilitation settings preferred.
- Strong knowledge of therapeutic exercises, rehabilitation techniques, and member mobility training.
- Excellent communication, interpersonal, and teamwork skills.
- Ability to **lift and assist members** as needed.

How to Apply:

Interested candidates should submit their resume and cover letter to hr@fourcorners.services or apply through our website at www.fourcornerscs.com. Four Corners Community Services is an Equal Opportunity Employer and welcomes applicants from diverse backgrounds.